Menú semanal

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Desayuno | Comida | Cena | Almuerzo - meriendas | Lista de la compra |
| ***· Lunes ·*** |  |  |  |  |  |
| ***· Martes ·*** |  |  |  |  |
| ***· Miércoles ·*** |  |  |  |  |
| ***· Jueves ·*** |  |  |  |  |
| ***· Viernes ·*** |  |  |  |  |
| ***· Sábado ·*** |  |  |  |  |
| ***· Domingo ·*** |  |  |  |  |